Week 4 Lesson 1 ***What to do when you're going through.***

****In this lesson we will start at **1 Peter 1: 22** and will return to **verse 13**. *Gird up the loins of your mind* and view it from a biological practical perspective. Dr. Annita D'Amico will help us better understand how our brain processes the Truth of God's Word. ****

Living as sojourners on earth representing the Kingdom of Heaven, we must get a grip of the Word of God. Our understanding of the Word must also coincide with the character of God.

What does John 1:1 tell us about the Word of God?

Jesus told Philip if you've seen me, you've seen the Father. I and the Father are one. The best way to demonstrate God's Kingdom on earth is to have our minds renewed with the Word of God.

Since you purified your souls in obeying the truth. Let's continue to build on what we have already learned about our soul – *psuche.* In the last lesson you had the three interlinking circles representing the *spirit, soul and body.* We learned that our soul/psuche is made up of our mind, emotions and will (decision making).

As our minds are renewed in the Truth of God's Word the Holy Spirit will do what He has been commissioned to do and that is bring to our remembrance everything we have been taught. (John 14:26) The challenge for each of us is to be postured to learn from the truth by being obedient to what we've read. This is how others will know we have "caught" what was "taught".

How does 1 Peter 1:22 state that we have purified our souls?

The word used in verse 22 for **obedience** is the word *hupakoḗ* - it refers to the obedience of a slave to a master (Rom. 6:16). Elsewhere it always refers to the faith which obeys God's will in a special sense, of relationship and subjection to[1] or being willing to submit to one's authority.

How is this explained in Romans 6:16? **Write out this verse:**

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[1] Zodhiates, S. (2000). *The complete word study dictionary: New Testament* (electronic ed.). Chattanooga, TN: AMG Publishers.

What does this tell you about being willing to obey what we've read and understand from the Word of God?

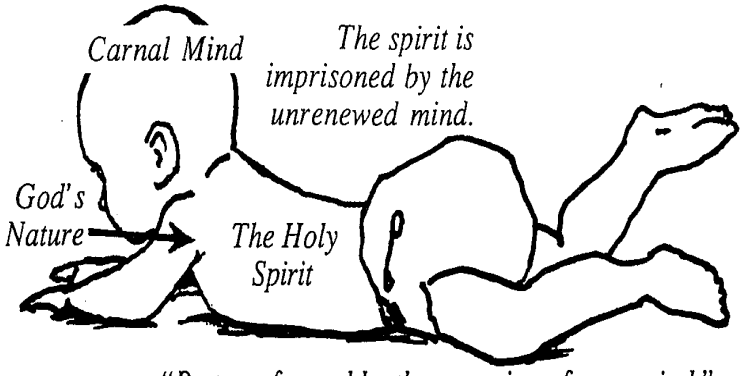
The word *hupakoḗ (obedience)* is spoken of in reference to Jesus. What does the scripture say about how Jesus learned obedience? (Hebrews 5:8)

The scripture is specific in saying "in the days of His flesh" (Hebrews 5:7) What does that speak to you?

Once we are born-again of the imperishable seed of the Word of God we are enabled to live life a new way. Through feeding on the Word of God like a newborn we are able to grow our spiritual being. What does 1 Peter 2:2 tell us about this?

The video talks about the sucking reflex of a baby. When an infant is sucking and feeding, the palate of their mouth is being formed for language. This is important because we can now speak the truth of God's Word to walk by faith in our day to day life.

How is the Bride of Christ (a child of God) renew their mind? (Ephesians 5:26)



Using the picture above explain why many Christians' spirits remain immature?